

Section 10: Medical / Mental Health
Subject: Special Nutritional and Medical Diets
Minimum Standard: 5120:1-8-09 (V)
Revised:

Authorized: _____ **Effective date:** _____
Sheriff Paul A. Sigsworth

POLICY

Inmate diets are modified when ordered by the appropriate licensed individual to meet specific requirements related to clinical conditions. Special nutritional and medical diets are prepared and served to inmates according to the orders of the treating clinician or as directed by the responsible health authority official.

PROCEDURE

- A. If an inmate requests a special diet for medical reasons, the officer receiving such request will channel it by normal sick call procedures to the nurse. After the Jail physician or nurse reviews the request and determines that a modified diet is appropriate, written instructions as to the dietary needs of the inmate will be forwarded to the Jail Administrator and kitchen personnel.
- B. It will be the responsibility of the food service employees to ensure special nutritional and medical diets are prepared and served to inmates according to the orders of the treating clinician or as directed by the responsible health authority official.